





MVHS COUNSELING COURIER

Fall 2023

CONTACT





 [Counseling Website](#)

IMPORTANT DATES

-  9/1 Last Day to Add a New Class
-  9/22 Last Day to Drop a Class Without Receiving a W



IN THIS COURIER

-  School Counseling Services
-  9th Grade Parent Night Recording and Slides
-  Information for Seniors
-  Counseling Video Library and Resources





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We're thrilled to kick off the 23-24 school year!

As part of our commitment to students, we offer exceptional academic counseling services. Below is a broad overview of our counseling model, including some new enhancements.

For our **seniors**, we're introducing several key components: individual 15-minute meetings, the focus of this meeting will be to continue to build the counselor-student connection and to support students in reaching their graduation requirements and connect students with MVHS postsecondary advising resources via our [College & Career Center](#). In addition to the individual meetings, we will provide senior classroom/group workshops, a dedicated family/parent night, and seniors and their parents will be able to [schedule an individual appointment](#) with one of our wonderful college counselors. These initiatives, occurring in the 1st quarter, aim to provide comprehensive support for college applications and career pathways.

Support for our **junior** class includes Classroom Workshop/Course Registration Workshop in the 3rd quarter, Individual Junior Interviews (conducted by counselors) also in the 3rd quarter, and for our parents, an informative 11th Grade Parent Night scheduled for the 2nd quarter. Also available during the 2nd semester will be an opportunity to schedule a parent-student meeting with one of our college counselors.

Turning to our **sophomores**, our focus entails Course Selection-Classroom/Group Workshop during the 3rd quarter, 10th Grade Small Group Workshops in the 4th quarter, and an insightful 10th Grade Parent Night slated for the 3rd quarter.

Our **freshman** students will be provided with the following strategies: New Student Orientation Workshop/9th Grade 101 Workshop in the 1st quarter, student-counselor check in in the 2nd quarter, 4-Year Planning/Course Selection Classroom/Group Workshop during the 3rd quarter, and a dedicated 9th Grade Parent Night in the 1st quarter.

This comprehensive model caters to the diverse needs of all our students, delivering content at the most opportune times. Furthermore, it allows our counselors to lend targeted assistance to students facing academic challenges.

Lastly, our [College and Career Center](#) remains a hub of college and career support. It provides one-on-one appointments, drop-ins, workshops, college visits, and more, bolstering our commitment to student success.

We're excited to embark on this new school year as we implement our comprehensive service delivery model and collaborate closely with our students.



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9th Grade Parent Night

The counseling department hosted a 9th grade parent night on the evening of Tuesday, 8/22. We were excited to welcome the parents of the class of 2027 to the Spartan Community!



[Recording Link](#)



[Slides Link](#)



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Information for Seniors

Welcome back to another school year. You have made it to senior year and we are excited to support you as you begin planning for life after MVHS. Hopefully by now you have gotten a little familiar with your [Naviance](#) account. As a Naviance school, this is the platform we use to send student documents. This is where you will [add colleges](#) you are applying to, [invite teachers](#) to submit their letters of recommendation, and how counselors will send your required documents like your transcript and Common App report. Here are the [Naviance login instructions](#). If you have issues accessing your Naviance account, please contact Mrs. Felipe at leslie.felipe@mvla.net



ACTION ITEMS

During our senior theater presentations on 8/21, counselors distributed Counselor College Application Envelopes for all seniors. There are 3 parts to this envelope: It contains this [handout](#) with steps on how you will [connect](#) your Naviance account with your Common Application.

It will also have a [dates/deadline page](#) that you must return to your counselor in-person.

If you need a Counselor Letter of Recommendation (required for many private colleges) you will need to complete this [Senior Self-Report Form](#). This questionnaire will be used to better inform us for your letter. We also encourage your parents to complete this [Senior Parent Letter](#) or [Español- Senior Parent Letter](#). They often have additional insight into your strengths. Please print a copy of the responses and put them in the envelope.



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College and Career Center

The [MVLA College Fair](#) is on Tuesday, September 26th at 5:00 PM on Mountain View's campus in the large gym. You and your student are invited to attend to learn about the variety of postsecondary institutions in attendance. This year we will be holding a few mini college fairs as well during lunch for students to attend. [Our website](#) (it is new) is a great place to stay tuned into the events and workshops that we're hosting. "[Events and College Visits](#)" tab features our current line up for the fall.

Location

The College and Career Center has moved! We are now located on the second floor of the new admin building in Room A231.

Senior College Counseling Appointments

College counseling appointments are optional and are available for your senior to schedule at [this link HERE](#). Students who have not yet met with us are given priority. If your student would like feedback on a college essay, your student may print out their essay (there are printers available in the library if one is not available at home) and drop it off in the CCC.

College Rep Visits for Seniors

College visits are recommended for senior students because visits often take place during class time. College visits are for students only. Seniors need a signed [permission slip](#) from their teacher to miss class.

Freshmen Naviance Session on October 11

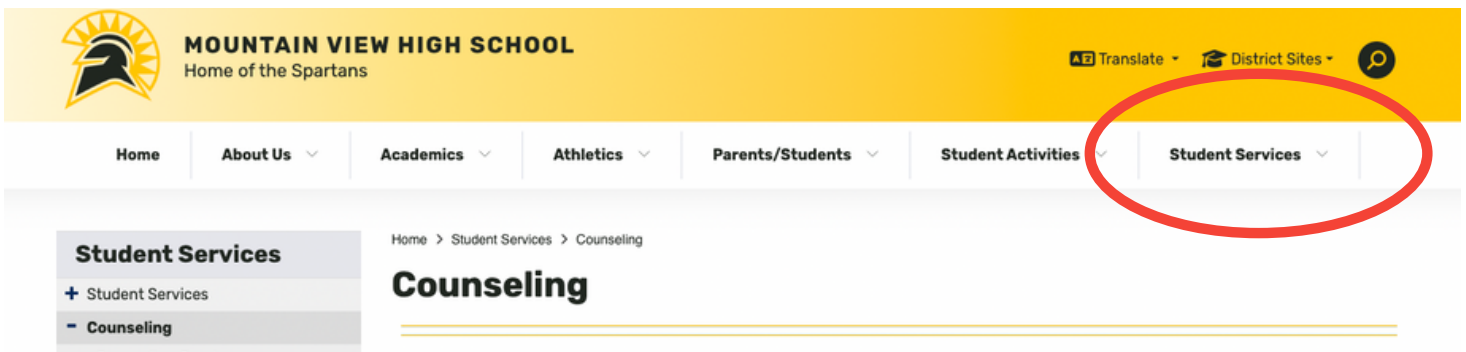
Stay tuned for messages about an optional virtual Naviance information session on October 11th, when other grade levels are doing standardized testing.



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COUNSELING WEBSITE AND YOUTUBE CHANNEL



[Be sure to check out our counseling website!](#)



We have a [YouTube channel](#) with informational videos related to counseling, check it out!